

### Le Tour - 100th Edition

# Premium Tour de France Experience 13-22 July 2013



#### To book or for further information please contact:

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### Tour Summary & Highlights

13 July 2013: Arrival transfer from Avignon

Bike fitting and warm-up ride

Non-rider activity: afternoon at leisure

Race viewing with welcome drinks and dinner at the hotel

14 July 2013: Ride directly from the hotel around the Northern side of Mont Ventoux

Intercept the race route and continue to the town of Bedoin

Non-rider activity: Tour of a lavender farm and distillery + TdF hospitality

Watch the race from the slopes of Ventoux or our VIP hospitality zone

near the village of Bedoin

Group dinner at the hotel

Ride directly from our hotel to climb the iconic Mont Ventoux 15 July 2013:

Non-rider activity: 3 hour cooking class with lunch & tour of Avignon

Enjoy an evening in France's most beautiful village, Gordes

Dinner in arguably Gordes' finest restaurant, La Bastide de Gordes

Ride on the Tour de France race route ahead of the pros 16 July 2013:

Non-rider activity: Lunch in Gap followed by the TdF hospitality

Enjoy the VIP hospitality of the 'Izoard' zone at the finish line in Gap

Transfer after the race to Les Deux Alpes and group dinner

17 July 2013: Departing directly from our hotel, climb the iconic Col du Lauteret and

Col du Galibier double or enjoy a day at leisure

Non-rider activity: Enjoy an afternoon at the Day Spa

Enjoy the time trial viewing on television from our hotel or even go skiing

on the glacier!

Group dinner at a nearby gastronomic restaurant









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Descend from our hotel at Les Deux Alpes to the village of Bourg d'Oisans 18 July 2013:

Climb the mighty Alpe d'Huez ahead of the pros in front of close to a

million spectators

Non-riders: Join the riders on top of Alpe d'Huez for the TdF hospitality

Watch the race from our reserved restaurant atop Alpe d'Huez and live as

the riders battle Alpe d'Huez twice

19 July: Enjoy the spectacle of the race depart in Bourg d'Oisans or enjoy some

additional riding by climbing the Col du Glandon

Transfer to the village of Aix-les-Bains

Non-riders: Enjoy the departure village before an afternoon at leisure

Group dinner in Aix les Bains

20 July: Ride directly from our hotel and then on the stage route itself

Enjoy the deciding stage from the VIP Relais hospitality suite

Non-riders: Enjoy the VIP Relais hospitality suite

Transfer to Paris by high speed TGV train

21 July: Explore the stunning city of Paris

Take in the excitement of the final stage of the Tour de France from our

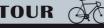
VIP zone including dinner, drinks and champagne

Be there for the podium presentations and after race fireworks spectacular

Conclusion of tour 22 July:

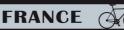
















### **About Sports Pulsions**

The team at Sports Pulsions has been involved in cycling at all levels in Europe since the 80's. As a technical partner of the Tour de France, all our programs are race accredited and approved, ensuring you the best support and access throughout your Tour de France experience.

We build our tours through local knowledge with a focus to ensure our guests are at the heart of the event. All our hotels are chosen for their quality and proximity to the race to ensure comfort and enjoyment.

Tour Host: Didier Durin

A native of the Champagne region and Operations Manager of Sports Pulsions, Didier is also president of the oldest cycling club in France, BC Remois. Didier has been hosting guests at the Tour de France for many years and also runs programs throughout the year for Le Tour organiser, ASO, including their ProAm race ensuring the best contacts in the industry.

Lead Guide: Christophe Eloy

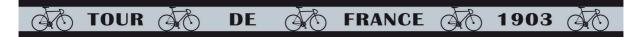
Christophe is a full time cycling coach and a winner of many Category 1 races during his career. He has been a cycling guide with Sports Pulsions since inception and provides the utmost support to all level of riders.

Your comfort will be further supported by our team of guides and support vehicle drivers, all with extensive guiding experience in France.

We look forward to welcoming you 'Inside' Le Tour.







### Stage 14, Saint Pourcain sur Sioule - Lyon, 191km

Our tour commences at our stunning hotel in the heart of Provence. We invite you to join us directly at the hotel or alternatively we will be providing complimentary transfers from Avignon (2hrs 40mins from Paris by TGV).

On arrival you will be checked in to your hotel before being fitted to your Trek Madone bike. For those bringing their own bike, our mechanics will be there to assemble it for you. We will enjoy a warm up ride on the quiet roads near the hotel, flanked by lavender farms and stunning gorges. *Non-riders will enjoy the afternoon at leisure in the hilltop village and at the hotel.* 

In the evening you will enjoy a welcome cocktail and dinner at our hotel. During each dinner you will enjoy a recap on the day's Tour de France action and a briefing on your following day's activities.



Overnight: Hotel Val de Sault, Sault, Provence

Ride distance: 20-30km





#### Stage 15, Givors - Mont Ventoux, 242km

Le Tour arrives in to Provence on this day in emphatic style, taking on one of the most revered climbs in Tour history, Mont Ventoux.

Following breakfast, we will ride directly from the hotel around the Northern side of Mont Ventoux before intercepting the stage route. From this point we will ride on the race route itself, just hours ahead of the pros.

On reaching the village of Bedoin at the base of the Mont Ventoux, guests will have the choice of going directly to our VIP Relais hospitality zone alongside the race route or continuing up the climb. Following a relaxed start to the morning, non-riders will enjoy a guided tour of a local lavender farm and distillery, before joining the group at the VIP hospitality zone.

During the afternoon we will enjoy lunch, drinks and entertainment along with seeing all the action live on the zone's big screen and live as the race passes in front of our champagne welcome.

Following the conclusion of the race we will transfer to the hotel for an enjoyable 3 course dinner. Those that wish to ride to the hotel will have this option also.



Overnight: Hotel Val de Sault, Sault, Provence Ride distance: Options between 60 and 95km





#### Tour de France Rest Day

Whilst the pros take a well-earned rest, we will take this opportunity to climb the mighty Mont Ventoux.

From the hotel we will warm up via an undulating ride around the base of the mountain to the village of Bedoin. From here you will be invited to climb this stunning mountain at your own pace before enjoying the reward of its spectacular views that stretch from the Mediterranean to the Alps

From the summit we will descend via a different route from Chateau Reynard. Here we will take the direct road to our hotel in Sault. This route also provides an option for those looking for a shorter climb to Mont Ventoux.

Non-riders will enjoy a 3 hour Provencial cooking class with lunch followed by a visit to the village of Avignon, where you will find a fantastic arts and theatre festival throughout July.

In the early evening we will transfer to the stunning village of Gordes, rated the most beautiful in France. After time to enjoy a stroll in this beautiful town, we will then proceed to our restaurant for the evening; Le Bastide de Gordes. Here you will enjoy a magical dinner overlooking Provence, complete with matching wines.

Overnight: Hotel Val de Sault, Sault, Provence

Key climbs: Mont Ventoux, via Bedoin

Ride distance: 76km

and central France.





## Stage 16, Vaison la Romaine - Gap, 168km

On stage 16 we will be riding the stage route ahead of the pros, starting at approximately 80km from the finish. For those wishing to shorten the ride you will have the chance to skip the Col du Manse as the race route travels close to the finish village of Gap prior to the climb.

Our non-riding guests will follow the stage route in support of the riders. On arrival in Gap guests will have the opportunity to visit the city before joining the riders in the VIP Hospitality Suite.

It was in Gap in 2011 that we saw one of the Tour's most exciting finishes as Thor took the win whilst Contador, Evans, Voeckler and Schleck fought it out over the final climb.

In Gap you will have access to the VIP Izoard Hospitality Suite located at the finish. The suite includes drinks and finger food throughout the afternoon and is complete with live coverage of the race on the big screens. Following the jersey presentation ceremonies, we will make our way to our new hotel in the high alpine village of Les Deux Alpes where we will enjoy dinner.



Overnight: Hotel-Spa La Farandole, Les Deux Alpes

Key climbs: Col de Mense

Ride distance: Options between 60 and 80km





## Stage 17, Embrun - Chorges, 32km ITT

With the race being contested at the individual time trial, our attention will turn to one of the most iconic climbs of the Tour de France. The Col du Galibier is the highest pass in France and is on the bucket list of most cyclists in the world. Standing at over 2600m, it is truly an incredible ride.

Cycling directly from the hotel, we will descend to the Lac du Chambon before starting the climb. Following the valley floor the ride slowly rises before you start to climb more steeply to the Col du Lauteret. Flanked by waterfalls and snow capped mountains it is a stunning challenge. The final 8km from Lauteret to the Col du Galibier are the fiercest of the climb.

On the descent we will stop to view the monument to Henri Desgrange and take a break at a cafe at Lauteret. We will enjoy the well-earned descent before the climb back to our hotel at Les Deux Alpes. For those looking to shorten the ride or take a rest day this option will be on offer.

Non-riders will enjoy a day at the spa in Les Deux Alpes. A range of options will be available including the thermal pools and massages. A great chance to relax and enjoy the mountains.



Overnight: Hotel-Spa La Farandole, Les Deux Alpes

Key climbs: Col du Lauteret, Col du Galibier, Les Deux Alpes

Ride distance: Up to 86km





### Stage 18, Gap - Alpe d'Huez, 168km

This would have to be one of the most anticipated stages in Tour history. Since the 50's, Alpe d'Huez has been an icon of cycling and the Tour. In 2013 there will be double the excitement as for the first time it will be climbed twice on the same day! For a cycling enthusiast, there is no greater experience than being on the Alpe on race day. With an anticipated crowd of one million, the experience to ride up ahead of the pros will be a lifelong precious memory.

Our ride will start at the hotel with a long enjoyable descent to the town of Bourg d'Oisans, from there we will climb the famous switch backs, cheered along by the hundreds of thousands of loyal fans from all over the world.

Our non-riding guests will be transferred to the village of Alpe d'Huez where they will join the riders for lunch at our reserved restaurant in the heart of the action, watching the exciting conclusion of the race.

Following the stage finish we will descend to our coach waiting at the base to transport and travel back to the hotel.

Dinner will be held in Les Deux Alpes at our restaurant specializing in local produce.

Overnight: Hotel-Spa La Farandole, Les Deux Alpes

Key climbs: Alpe d'Huez Ride distance: 45 to 62km

















### Stage 19, Bourg d'Oisans - Le Grand Bornand, 204km

With the race entering the final stages, the 19th stage will have a big impact on the overall outcome. Featuring 5 categorised climbs, it will be a testing day in the saddle for the pros.

Following breakfast, we will depart by bike to the start village of the day's stage, Bourg d'Oisans.

Our route will follow a picturesque, little known road above the valley which has incredible views.

Non riders will enjoy a relaxing morning before joining the riders in Bourg d'Oisans.

At the start village you will have the chance to soak up the atmosphere of the start village as the riders warm up and sign in. You will



witness all the excitement as the Le Tour Caravanne and peleton depart on what will be one of the toughest days of the tour.

Those looking for extra riding, will have the choice to ride to the Col du Glandon to watch the passing of the race before descending back to Bourg d'Oisans to meet with the group.

After the depart, the group will travel to the lakeside village of Aix-les-Bains.

A gourmet dinner will be enjoyed in Aix les Bains.

Overnight: Radisson Blu, Aix les Bains

Ride distance: 30 - 90km

















#### Stage 20, Annecy - Annecy Semnoz, 125km

Our hotel is ideally located close to the route of the final stage in the mountains of the 100th Tour de France. Following breakfast we will ride directly from the hotel before intercepting the stage and continuing on to our VIP Relais Hospitality Zone located near the base of the day's final climb.

Non riders will enjoy a leisurely start to the day in the village of Aix-les-Bains before joining the riders in the VIP Relais Hospitality Zone.

In the zone, guests will enjoy a full buffet lunch and drinks and toast the riders arrival with champagne from the edge of the stage route. You will also be able to enjoy big screens broadcasting the stage live throughout the afternoon.



Following the completion of the stage we will transfer to Chambery for onward rail travel to Paris in first class comfort.

On arrival in Paris we will transfer to our luxurious hotel located only a few blocks from the Champs Elysees.

Overnight: Hotel Baltimore M Gallery, Paris

Ride distance: 40-60km





### Stage 21, Versailles - Paris Champs Elysees, 118km

Our final day following Le Tour will be spent in one of the world's greatest cities, Paris. With the race conclusion being held for the first time in the evening, you will have the chance to explore the city at your leisure during the day.

In the evening the group will enjoy the hospitality of the VIP Espace Triomphe area located on the the Champs Elysees close to the finish line. Here we will enjoy dinner and drinks overlooking the race from the covered terrace and our reserved seating on the edge of the Avenue.

The fitting conclusion to the race will be the chance to enjoy the presentations followed by the fireworks spectacular set to light up the Paris skyline and celebrate the 100th Tour de France.



Overnight: Hotel Baltimore M Gallery, Paris









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#### Inclusions

10 nights 4 star accommodation

Dinner and breakfast daily and 3 lunches

8 professionally guided rides & 6 live stage viewings

VIP hospitality as outlined in the tour dossier

Non rider sightseeing and activities as noted in the tour dossier

Private transfers in our luxury coach

Energy gels, bars and isotonic powders for each ride

Use of a custom fitted Trek Madone at no charge

On road mechanical support from our race accredited support vehicles

Tour jersey, musette and race pack, including maps and race information

Discounts at the official Tour de France merchandise outlets

Transfer on arrival from Avignon & Transfer at conclusion to Paris Airport

1st class TGV from Chambery to Paris

Local taxes

#### Not Included

Airfares and/or transport to and from our designated pickup and drop-off points

Travel insurance (obligatory for all guests)

Items of a personal nature, ie. laundry, phone calls, tips, etc

Cost per person: 7250€ based on twin share

Single supplement: 1300€

**Deposit:** 2000€ on booking per person, balance due 13 May 2013





## Hospitality Experiences

#### Relais Hospitality Suite:

The Relais Hospitality Suite is an exclusive facility located on the race route in the closing kilometres. Guests enjoy an afternoon of entertainment including live performers, buffet lunch, drinks and the race shown live on the big screen. Guests will enjoy champagne to toast the arrival of the riders on the race's arrival.



#### Izoard Hospitality Suite:

Located close to the finish line on the final straight, the Izoard Hospitality is a great place to watch the exciting sprint finish of the stage. Guests will enjoy finger food throughout the afternoon along with an open bar and champagne. The suite has indoor, outdoor and raised viewing areas along with the action live on the multiple viewing screens.

#### Espace Triomphe:

In the heart of the Champs Elysees, the Espace Triomphe is a perfect place to watch the

completion of 3 weeks of tough racing. The Espace Triomphe includes a raised terrace section where guests will enjoy dinner and drinks throughout the evening with a clear view of the race. It also includes grand stand seating on the edge of the Avenue, offering uninterrupted viewing of the laps and the exciting final sprint to the nearby finish line.



















#### Hotels

Provence; Val de Sault





The Hostellerie du Val de Sault welcomes our guests with simplicity to make you enjoy the real moments of ease. Pure relaxation next to the swimming pool, in the Spa area and in the comfortable suite with views of the mystic 'Giant of Provence', Mont Ventoux.

A privileged site, the Hostellerie du Val de Sault is laid out on a hill with thousand year old paths inviting you for enjoyable walks and great bicycle tours.

Into an exceptional landscape, highly appreciated as a source of peace and retreat, Yves Gattechaut has built a small village comprising ten houses at garden level and in closest vicinity of the swimming pool facing the Mont Ventoux.





#### Les Deux Alpes: Hotel La Farandole





The Hôtel-Spa La Farandole is located in Les Deux Alpes, one of France's most distinguished ski resorts. The hotel's devotion to style and comfort is carried into the elegant designs of all of its 60 suites, most of which boast a south-facing balcony with stunning mountain views.

The spacious wellness area has large windows which offer beautiful panoramic views in order to maximise relaxation after a long day's riding. In addition the hotel offers an excellent bar with views over the valley for a relaxing drink at the end of the day.





#### Aix les Bains; Radisson Blu





The Radisson Blu Hotel invites guests to discover the charm of Aix-les-Bains. Nestled between France's largest natural lake and the ski resorts of the French Alps, this Aix-les-Bains hotel is the ideal place for a summer holiday.

Each hotel room is equipped with first-class amenities, and the on-site spa facilities ensure that guests experience genuine relaxation.



















#### Paris; Hotel Baltimore M Gallery





In the heart of the elegant 16th arrondissement, near the Champs Elysees, the Arc de Triomphe, the Trocadero and the Eiffel Tower, Hotel Baltimore offers an intimate welcome in a magnificent townhouse dating back to the end of the 19th century.

The decor Period furnishings, sculptures, original paintings and elegant and warm contemporary materials are stylishly combined. The softly lit lounge/library and bar is perfect for guests to relax away from the hustle and bustle of Paris.

Beautiful fabrics with harmonious blends of imaginative colours give the 103 rooms at the Hotel Baltimore Paris a warm and friendly atmosphere perfect for rest and relaxation.

















#### Nutrition

SportsPulsions.com has partnered with Performance Sports Nutrition to provide guests with the best products on the market that assist with pre-ride preparation, immediate and sustained energy release during rides and post ride recovery. Performance Sports Nutrition is a market leader in the sports supplement industry, supporting pro cycling and triathlon teams throughout Europe.



On all ride days you will be provided with a range of energy products (gels, bars and isotonic powders) to assist you in your riding and recovery along with fruit, cake, water, etc.

#### The Bikes

SportsPulsions.com is a partner of Trek France. Through our agreement, guests will all have use of the Trek Madone 5.2, a top quality, full carbon fibre bike with which we replace every 12 months. Guests are welcome to bring their own bikes. All bikes are transported in our fully equipped support vehicles with internal racking and mechanic station.

Throughout the tour, our guides will clean and service the bikes for the guests and make any fitting adjustments they may need.



